

Class – X
DELETED SYLLABUS
(For the Session of 2020-21 Only)
HOME SCIENCE
(THEORY)

- Unit 1 :** **Principles of growth and development of Child :** Physical, Social and Emotional needs of children.
- Unit 3 :** **Play :** Characteristics of Play active-passive-natural-serious and exploratory.
- Unit 4 :** **Nutrients :** Loss of nutrients during cooking conversation and enhancement of nutrients.
- Unit 5 :** **Meal Planning :** Food allowances suggested by ICMR
- Unit 7 :** **Resources available to family :** General Characteristics of wise use of resources personal and shared
- Unit 9 :** **Consumer Education :** Lacs of standardized products, misleading advertisement, aids to help consumers, standardization marks, labels, packages, advertisement, pamphlets & Leaflets
- Unit 10 :** **Care of Clothes :** Stain removal (Precaution & Method)
- Unit 11 :** **Quality Check of Apparel :** Reading of labels on Clothes